Identify, Quantify and Prioritize Your Goals



Identify your goals	Quantify your goals by time and value	Prioritize your goals (Most to least important)
1.	Time:	MOST
	Value:	H
2.	Time:	<u> </u>
	Value:	P
3.	Time:	<u></u>
	Value:	Н
4.	Time:	<u></u>
	Value:	H
5.	Time:	<u> </u>
	Value:	LEAST